TAAG		To be completed	by TAAG staff:	
	Teacher ID:		<b>.</b>	o
Trial of Activity for Adolescent Girls	Form Code: CL8	Version: A	Series #:	Seq. #: <b>01</b>

Classroom Lesson 1: Fit and Active: EveryBODY can Be Active

Observer Code: \_\_\_\_\_ Class Start Time: \_\_\_\_:\_\_ Class End Time: \_\_\_\_:\_\_\_

1. a. How many girls were taught? \_\_\_\_\_ b. How many boys were taught? \_\_\_\_\_

2. Lesson 1 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. (circle one per activity)

		Completed Activity	Partially Completed	Activity not taught
a.	Introduction	1	2	3
b.	Activity: Physical Activity Survey	1	2	3
c.	Activity: Myth or Reality Quiz Sho	ow 1	2	3
d.	Purpose of Activity Challenge	1	2	3
e.	ACA–Challenge the Myth	1	2	3
f.	Lesson Summary	1	2	3

3. Comments: (Note: please include any events or situations which made it difficult for lesson to be implemented)

Trial of Activity For Adolescent Girls	т	o be completed	by TAAG staff:	
	Teacher ID:			
	Form Code: CL8	Version: A	Series #:	Seq. #: 02
9 <sup>th</sup> Grada Haalth Lass	one and Activity (	Challongos	l assan Obsar	vation

<u>Classroom</u> Lesson 2: The FITT Recipe: A Recipe for an Active Life

Teacher Name:		_ Date F	Form Completed: /////	
Observer Code:	Class Start Time:	:	Class End Time::	
1. a. How many girls were tau	ght?	b. How ma	any boys were taught?	

2. Lesson 2 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)* 

		Completed Activity	Partially Completed	Activity not taught
a.	AC Follow-up to Lesson 1	1	2	3
b.	Introduction	1	2	3
c.	Activity: Review the FITT	1	2	3
	Recipe Principles			
d.	Activity: Dear Personal Trainer	1	2	3
e.	ACA- FITT Recipe for a FITT We	ek 1	2	3
f.	Lesson Summary	1	2	3

3. Comments: (**Note:** please include any events or situations which made it difficult for lesson to be implemented)\_\_\_\_\_

<b>8</b> 5		o be completed	by TAAG staff:	
Trial of Activity for Adolescent Girls	Teacher ID: Form Code: CL8	Version: A	Series #:	Seq. #: <b>03</b>

Classroom Lesson 3: Identifying and Breaking Barriers to Physical Activity

Teacher Name:	Date I	Form Completed:	_//	
			(mm	n/dd/yyyy)
Observer Code:	Class Start Time:	:	Class End Time:	::

1. a. How many girls were taught? \_\_\_\_\_ b. How many boys were taught? \_\_\_\_\_

2. Lesson 3 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)* 

		Completed Activity	Partially Completed	Activity not Taught
a. AC Follo	ow-up to Lesson 2	1	2	3
b. Introduc	tion	1	2	3
c. Activity:	Barrier Continuum	1	2	3
d. Activity:	Break the Barriers	1	2	3
e. ACA-Ba	arrier Busters	1	2	3
f. Wearing	& Caring for Pedometer	rs 1	2	3
g. Lesson	Summary	1	2	3

3.Comments: (**Note:** please include any events or situations which made it difficult for lesson to be implemented)\_\_\_\_\_

<b>5</b>	-	To be completed	by TAAG staff:	
TRACACE CONTRACTOR	Teacher ID:			
	Form Code: CL8	Version: A	Series #:	Seq. #: <b>04</b>

<u>Classroom</u> Lesson 4: Talking it Out: Using Appropriate Communication Skills to Overcome Barrier to Physical Activity

Observer Code: \_\_\_\_ Class Start Time: \_\_\_\_:\_\_ Class End Time: \_\_\_\_:\_\_\_

- 1. a. How many girls were taught? \_\_\_\_\_ b. How many boys were taught? \_\_\_\_\_
- 2. Lesson 4 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)*

		Completed Activity	Partially Completed	Activity not Taught
a.	AC Follow-up to Lesson 3	1	2	3
b.	Introduction	1	2	3
C.	Activity: Barrier Self Check	1	2	3
d.	Activity: Communication Scenario	os 1	2	3
e.	ACA-Talk IT Out and Get Active	1	2	3
f.	Activity Handout-Talk it Out	1	2	3
g.	Lesson Summary	1	2	3

3. Comments: (**Note:** please include any events or situations which made it difficult for lesson to be implemented)

(A)	-	To be completed	by TAAG staff:	
TAAG	Teacher ID:		Sories #1	Sog #1 05
Trial of Activity for Adolescent Girls	Form Code: CL8	Version: A	Series #:	Seq. #: <b>05</b>

Classroom Lesson 5: Turning It Around: Reducing Sedentary Behavior

Teacher Name:	Date	Form Completed:	_//		
			(mr	m / dd / yyyy)	
Observer Code:	Class Start Time:	<b>:</b>	Class End Time:	;	_

 1. a. How many girls were taught?
 b. How many boys were taught?

2. Lesson 5 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)* 

		Completed Activity	Partially Completed	Activity not Taught
a.	AC Follow-up to Lesson 4	1	2	3
b.	Introduction	1	2	3
c.	Activity: Discussion of	1	2	3
	Key Sedentary Behaviors			
d.	Activity: Classy Moves	1	2	3
e.	ACA-Turning It Around	1	2	3
f.	Activity Handout-Turning It Arour	nd 1	2	3
g.	Lesson Summary	1	2	3

3. Comments: (**Note:** *please include any events or situations which made it difficult for lesson to be implemented*)



To be completed by TAAG staff:								
Teacher ID:								
Form Code: CL8	Version: A	Series #:	Seq. #: <b>06</b>					

#### 8<sup>th</sup> Grade Health Lessons and Activity Challenges – Lesson Observation <u>Classroom</u> Lesson 6: Put It Together: Get The Word Out

 Teacher Name:
 \_\_\_\_\_\_
 Date Form Completed:
 \_\_/\_\_/\_(mm / dd / yyyy)

 Observer Code:
 \_\_\_\_\_\_
 Class Start Time:
 \_\_\_\_\_\_
 Class End Time:
 \_\_\_\_\_\_\_

 1. a. How many girls were taught?
 b. How many boys were taught?

2. Lesson 6 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)* 

		Completed Activity	Partially Completed	Activity not Taught
a.	AC Follow-up to Lesson 5	1	2	3
b.	Introduction	1	2	3
c.	Activity: Getting the Word Out	1	2	3.
d.	Create Group PSA	1	2	3
e.	Activity: Airing and Sharing PSA	1	2	3
f.	Lesson Summary	1	2	3
g.	Awarding Certificates	1	2	3

3. Comments: (**Note:** please include any events or situations which made it difficult for lesson to be implemented)